



Moments of **Connection**, **Inspiration**, and **Belonging**



Dear Friends,

After a successful summer fundraiser with Fount at Pinecrest, we are excited to announce another similar fundraiser with Kendra Scott! Save the date for September 15th and plan to get some early holiday shopping done all while supporting a good cause! Stay tuned to social media and our newsletters for more details.

SAVE THE DATE!

Kick off our event with a 10am Flow!

SEPT
15

ZENWORKS YOGA & KENDRA SCOTT

A % OF ALL SALES WILL DIRECTLY BENEFIT ZWY

Follow Us On Social Media

Program Updates

ZENworks Yoga instructors have been staying busy bringing yoga, mindfulness, and FUN to many youth across Northeast Ohio throughout the Summer!

We are so grateful to our partners at CMSD (Cleveland Metropolitan School District), Cleveland Play House, the Cleveland Cavaliers, and Esperanza for bringing us in to support their Summer programs this season.

If you are curious about ways to integrate ZENworks into your school, organization, or program, contact us to set up a call.

Contact Us



"I always enjoy my time working with the CMSD community and their students through ZENworks Yoga. It is a bright spot in my life to be able to help those children who truly benefit from those moments we create of joy and peace. Yoga is about joining two concepts that often seem to oppose each other but through this practice we hope to foster balance and harmony. The shining smiles on the young peoples faces will stay with me for a lifetime."

-ZWY Instructor, Miss Margaret

Support Us

Here are some meaningful ways you can support and engage with us:

1. **Implement Our Resources in Your Lesson Plans/Summer Plans:** Teachers, educators, and parents – integrate our yoga and mindfulness resources into your lesson plans or summer activities. Empower your students or children with tools for self-care and stress management through simple, accessible practices.
2. **Donate to Support Our Mission:** Your generous donations enable us to continue offering high-quality yoga programs and outreach initiatives to our community. Every contribution, no matter the size, directly supports our mission to make yoga accessible to all.
3. **Attend Our Events:** Join us for our upcoming workshops, classes, and special events, both in person and online. Your presence and participation enrich our community, creating a supportive environment for personal growth and connection. PS, our Back To School Fundraiser will be kicking off in September, this is when we raise the majority of our funds!

Donate Now!



Share this checklist with the kids in your life to see how many they can check off before they head back to school!

Want to support ZENworks Yoga?

Don't forget about our [Social Media Toolkit](#) online.

This makes fundraising on behalf of ZWY easy by providing a step-by-step guide for fundraising, graphics, and talking points!

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Share on social



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