



Hey there!

We're grateful to share that in just the first ten days of our largest fundraiser of the year, we've already raised nearly 15% of our goal! Your support means the world to us as we kick off our Back to School Campaign. We know that with your support, we can build the momentum to connect and empower the community together.

Donations can be made through our website or by texting GIVEYOGA to 44-321.

We're also proud to announce that our [annual report](#) has been published. It highlights the amazing progress we've made over the past year, thanks to your continued support.

Stay tuned for more updates, and thank you for being an essential part of our journey!



View our Annual Report

ZENworks Yoga Updates

We are thrilled to share that ZENworks Yoga will be featured on [New Day Cleveland](#) this week, showcasing the incredible work we're doing. Set your alarms to tune in this **Tuesday, October 1st** between 11am -12pm on Fox 8 to see Co-Directors Sara and Liz sharing exciting updates and spreading awareness about ZWY!



Some of our staff members recently attended the CMSD Step Up For Attendance Rally, where they celebrated their 3 Star State report card and encouraged students to maintain high attendance at school. We love getting the chance to support our schools, students and staff out in the community!



We are thrilled to announce here that we will be running a **Winter** cohort of our Instructor Intensive, kicking off in January 2025!

This immersive training program is designed specifically to equip individuals with the skills needed to facilitate our SEL-based yoga and mindfulness programming in the classrooms.

Reach out to Sara Kelly, Director of Curriculum & Instruction at sara@zenworksyoga.com for more information, or fill out the application at the link below.

Apply to become a Zenmaker Today!

Support Us

Our Back to School fundraiser continues until October 15th and we are making great progress in the first stretch of our campaign, but we need your help to reach our goal! Supporting our nonprofit during our largest fundraiser of the year is crucial for several reasons.

This campaign directly funds our programs and initiatives that make a meaningful impact in our CLE community, and funding is needed to expand our reach *now more than ever*.

Your contributions help us advance our mission to support the mental and physical wellness of students, staff, and families in our community. We are proud to know that our yoga and mindfulness sessions continue to be an outlet and a brave space for our students to feel empowered!

Every donation, no matter the size, brings us closer to our goals and enables us to continue offering our mindfulness and yoga programming.

Together, we can create lasting change and empower those we serve. Thank you for being a vital part of our mission!

Donate below on our website or by texting GIVEYOGA to 44-321.

Donate Now!



Want to support ZENworks Yoga?
Don't forget about our [Social Media Toolkit](#) online.
This makes fundraising on behalf of ZWY easy by providing a step-by-step guide for fundraising, graphics, and talking points!

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